

## **Lenten Prayer**

Almighty and Everlasting God,
You have given the human race
Jesus Christ our Saviour, as a model of humility.
He fulfilled Your Will by becoming Man
And giving His life on the Cross.
Help us to bear witness to You
By following His example of suffering,
And make us worthy to share in His Resurrection.
We ask this through our Lord Jesus Christ, Your Son.

Amen.

Source: Unknown